

## About ElderChoices

**ElderChoices** is a program designed specifically to help older individuals get the care they need to stay healthy and live independently at home. Some medical studies show that people live longer, happier lives when they can remain at home in familiar surroundings, rather than going to a nursing home.

Some of the services available through **ElderChoices** are:

- Home-delivery of nutritious meals;
- Caregivers to help with laundry, shopping, errands, simple household tasks and meal preparation;
- A personal emergency response system to use in the home; and,
- The opportunity to make new friends at Adult Day Care and Adult Day Health Care.



**ARKANSAS  
DEPARTMENT OF  
HUMAN  
SERVICES**

**Division of Aging  
and Adult Services**

ArTRIAGE is funded by the  
Systems Transformation Grant



- Is a program for individuals who are about to be discharged soon from a hospital or rehab facility ...
- Who still need some help, but *don't* want to go to a nursing home.
- **ArTRIAGE** may be able to quickly arrange for care, so they can return home, instead.

Call Monday through Friday  
8:30 a.m. to 4:30 p.m.

**1-501-682-8465**  
**1-866-801-3435**

## How ArTRIAGE Works

In the past, people who were about to be discharged from a hospital or rehab facility and still needed care didn't have many options.

If they were lucky enough to have a caregiver where they lived, they could go home. If they didn't, they were discharged to a nursing home — *even if they didn't want to go there.*

**ArTRIAGE** solves that problem. It does that by speeding up the application and approval process for a state program called **ElderChoices**. **ElderChoices** can provide caregivers who will come to the individual's home.

So, if you (or someone you know) are about to be discharged and at high risk of being sent to a nursing home, call the **ArTRIAGE** number to find out if the program can provide the help that is needed.

## Who ArTRIAGE Can Help

ALL of these requirements must be met for someone to use **ArTRIAGE**:

1. Live in Pulaski or Saline County in Arkansas.
2. Are at high risk of being discharged to a nursing home.\*
3. Personal finances are relatively simple and uncomplicated.
4. Been admitted to the hospital, had an emergency room visit, or been admitted to a nursing home in the last six months.
5. Don't have supportive care at home, during recovery.
6. Qualify for help through the **ElderChoices** program. There are several requirements to meet, so call **ArTRIAGE** and we'll explain them to you.



## \* What is High-Risk ?

1. The individual would be *unable* to do any ONE of these tasks without the *total help* of someone else. Or, if he needs *limited help* from someone else to do any TWO of these things:
  - Get up and down from a seated position, or walk around the house;
  - Eat a meal (just eat it; not cook it);
  - Go to the toilet.
2. There is little or no support available from family members or friends.
3. There has been at least one prior hospital admission, emergency room visit, or nursing home admission in the past six months.

Call: 1-501-682-8465 or 1-866-801-3435, Monday - Friday, 8 a.m. to 4:30 p.m.