

Local Contact Agency:

(if you prefer to call them yourself)

Nursing Home Social Worker/
Discharge Planner:

Your Local Ombudsman (Resident
Advocate):

Your Right

to Get **Information**

About **Returning**

to the **Community**



You have the right to learn if you can live in the community and get the services and supports you need.



CMS Product No. 11477
October 2010





Why does the nursing home staff ask me if I want to talk to someone about returning to the community?

The nursing home staff is required to ask you questions about your care. One question they will ask is, “Do you want to talk to someone about the possibility of returning to the community?” **Saying “yes” tells the staff you want more information. It doesn’t mean you have to leave the nursing home.** The staff will regularly ask this question, since your needs and the services available in the community may change over time.

What will happen if I ask to speak with someone about returning to the community?

1. **The nursing home staff will call a local agency for community living (Local Contact Agency).**
2. **The Local Contact Agency will call or visit you to learn what services and supports you need. Then, they’ll look into:**
 - Your housing options and/or home modification services.
 - Available services such as help with your medical and personal care.
 - Programs that may help pay for these services (like Medicaid, Medicare, or private insurance).
3. **If the services and supports you need are available, you decide whether or not to start the plan to leave the nursing home.**
4. **You can change your mind at any time.**

