



ARKANSAS

Lifespan Respite COALITION

Take the Time

Who We Are: A diverse and dedicated group of families and individuals, state agencies, and community-based organizations.

Our Mission: To support and promote the development of a comprehensive, statewide respite and crisis care system that is responsive to the needs of caregivers and their families, and that improves the quality of life for all individuals.

What IS respite?? Respite is simply a way of giving a temporary or short-term break to caregivers.

How Can I Participate? The Arkansas Lifespan Respite Coalition currently meets on the third Thursday of every month at the Arkansas Dept. of Human Services (DHS) offices at 700 Main St. in Little Rock. Everyone is welcome.

How Can I Find Out More Information? The Choices in Living Resource Center, part of Arkansas DHS, is a proud sponsor of the AR Lifespan Respite Coalition, and is your first step in finding out more.

On the web:

www.choicesinliving.ar.gov

Email:

choicesinliving@arkansas.gov

Telephone (toll-free):

866-801-3435