



2016

Arkansas Lifespan Respite Summit

Respite (RESS' – pit)

Respite is simply a way of giving a temporary or short-term break to caregivers.

SAVE THE DATE

Fri., Oct. 21, 2016 – 8:00-4:30
Pulaski Heights United Methodist Church
4823 Woodlawn Drive
Little Rock, Arkansas 72205

Learn more about:

- How important respite is to caregivers
- How you can provide volunteer respite care
- How you can start a volunteer faith-based respite program

Don't miss the all-day information and training event to help increase the number of available Respite Care Providers in Arkansas!

This event is free, but **you must register.**

To register, please go to the following link:

<https://respitesummit.eventbrite.com>

For More Information, Call: The Choices in Living Resource Center at 1-866-801-3435